

Hello If you need to stay inside, we can help

You may have neighbours or family who can help but if that's **not the case**, either now or in the future, please get in touch and we'll try and connect you with local people who can help – for **free**

You might need help with:

- ✓ Picking up shopping
- ✓ Friendly phone calls
- ✓ Collecting Prescriptions
- ✓ Other urgent needs

Frances on 07764 608375

Rachel on 07974834898 or EMAIL tevershamemergencyhelp@gmail.com

Let's all remember that Coronavirus (Covid-19) is contagious so we will need to take precautions including keeping our distance, washing hands. Items will be left on doorstep

Teversham Emergency Help: We are a group formed by the Parish Council, Hope Community Church and concerned local residents

If you would be available to help others in these ways please get in touch too!